

## Minty Green & Lemongrass Sun Tea with Ginger

Prep Time: 3 minutes + 8-12 hours brewing time

Total Time: 8-12 hours

Servings: 4



### Ingredients

4 mint green tea bags or 4 Tbsp loose mint green tea

4 cups room temperature water

4 stalks fresh lemongrass (base of the stalks crushed)

4 ginger ice cubes or 4 oz fresh ginger juice

Juice of 1 large or 2 small lemons

Abundant sunshine

In a large glass pitcher place tea bags, crushed lemongrass stalks, and cover with 4 cups room temperature water. Place a clean towel or cheese cloth over the top of the jar and allow the tea to steep in a sunny window for at least 8-12 hours. Remove the tea bags and lemongrass stalks from the jar after brewing. Pour tea over ice and add one ginger ice cube, a squeeze of fresh lemon juice, and a lemongrass stir stick!

Courtesy of The Green Blossom Kitchen