

## Sweet and Creamy Cold Brew Smoothie

PREP TIME: 5 minutes

TOTAL TIME: 5 minutes

Servings: one 8 oz smoothie

### Ingredients:

6 oz unflavored cold brew coffee, homemade or store bought

1 Tbsp cashew butter

2 medjool dates

1/4 vanilla bean or 1/4 tsp pure vanilla extract



In a high speed blender combine cold brew, cashew butter, dates, and vanilla and blend on high speed for 30-60 seconds. Add blender contents to a drink shaker filled with ice and shake vigorously to chill the smoothie then pour through a strainer into a glass.